

14.5.09

Health Visiting Team

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Dear Monica

Recently I needed to arrange team building sessions for the team I manage. I had a recommendation from CHYPS Plus and therefore I contacted Milly Sinclair from Creative Edge. I was able to have an honest consultation with Ms Sinclair and go through the problems and areas that I was encountering. A programme was developed and tailored specifically for my team

Prior to the sessions I felt slightly anxious but Ms Sinclair reassured me and indeed the session went very well.

The team specifically asked for the sessions to be enjoyable and fun. This was achieved and Ms Sinclair made sure that it was both fun and practical. The role and responsibilities of the different members of the team were explored and the objectives were met. My anxieties were unfounded and the team have really benefitted from the sessions.

After the sessions, I was able to discuss with Ms Sinclair the areas that I needed to concentrate on in the team and also the areas that are working well were highlighted. Ms Sinclair gave me a lot of support before, during and after the sessions and I do feel that I could contact her in the future, if necessary. Ms Sinclair is very intuitive and has a great deal of insight and made sure she got to find out each member of the team personally. I could not recommend her highly enough for a team building exercise.

Please do not hesitate to contact me if you need any more information.

Yours sincerely,

Grace Rooney
Enhanced Modern Matron - Team F